

Help Me Grow: Developing a Statewide System to Link Families with Community Resources



Help Me Grow National Replication

Goals for use of Ages & Stages Questionnaires/Help Me Grow Kentucky:

1. Empower parents and caregivers to support their young children's development,
2. Connect young children and their families to resources and existing services (when needed), and
3. To collect data about our young children to help develop better strategies for preparing young children for school.

Ages & Stages Questionnaires– Third Edition

- Screening tool – used to identify children who need further evaluation
- Screens in areas of Communication, Gross Motor, Fine Motor, Problem Solving, Personal-Social, and offers families space to address Overall Concerns (hearing, vision, health, behavior).
- Children's score are defined in three categories: Typical, Monitor, Refer.

Ages & Stages Questionnaires – Social/Emotional – screens a child's behavior, ability to follow, directions, interact with others, and demonstrate feelings and empathy for others.

ASQ: Key things to remember

1. Designed to be used by parents (or caregivers who spend at least 20 hours per week with child.)
2. Not appropriate to be used with child who already has a diagnosed disability.
3. Relatively inexpensive – “kit” costs about \$500.

How it works:

1. Parent/Caregiver Requests ASQ through, self-mailer brochure, by calling 2-1-1 or through website – completes basic information that “enrolls” in the “program.”
2. Appropriate ASQ and ASQ S/E mailed to family with business reply envelope.
3. Family completes with child and sends back to be scored.
4. Community Screening Coordinator (part-time) follows-up with family – providing resources, free book, and additional info when needed (ASQ activities) and referral info.
5. Follow-up screening mailed to family at depending intervals.

Key Partners:

- Metro United Way, 2-1-1, and MUW funded child care programs
- Jefferson County Community Early Childhood Council
- KY Chapter of the American Academy of Pediatrics
- KY Department of Public Health
- United Way of the Bluegrass and 2-1-1
- Community partners: HANDS, First Steps, school systems, Child Care Resource & Referrals, and other community resources

Help Me Grow – Connecticut – Key Components:

- *Centralized telephone access point* for connection of children and their families to services and care coordination
- *Community Outreach* to promote use of HMG and to provide networking opportunities among service providers
- *Physician Outreach* to support early detection and early intervention
- *Data Collection* which includes the identification of gaps and barriers

For more information:

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